

## About the Author



Mary Anne Cohen, LCSW, BCD, is a social work therapist and has been a member of the National Association of Social Workers (NASW) since 1972. She has served as the director of the New York Center for Eating Disorders since founding the center in 1982. She has treated hundreds of people with a wide range of eating disorders, supervises social work therapists, and has written two internationally acclaimed books on this topic: *French Toast for Breakfast: Declaring Peace with Emotional Eating* and *Lasagna for Lunch: Declaring Peace with Emotional Eating*.

Cohen offers professional training workshops to social workers on eating disorders and body image at the NASW Addictions Institute, the New York State Society for Clinical Social Work (Metropolitan, Staten Island, and Rockland County chapters), and the New York University School of Social Work and provides trainings for social workers in hospitals, eating disorder treatment centers, and alcoholism facilities.

She has been the professional book reviewer for EDReferral.com (Eating Disorder Referral and Information Center) since 2014. She created a continuing education training webinar for social workers and mental health professionals, “Declaring Peace with Emotional Eating,” for Gurze.com, and both her books have been turned into continuing education courses for mental health professionals (see <https://secure.ce-credit.com>). Cohen also broadcast a weekly radio show for three years on the topic of eating disorders on AM and FM radio stations to New York City and the tristate area, interviewing experts in the field throughout the United States.